

ROAD KILL TIMING PRESENTS

SUCK IT UP BUTTERCUP KTM 5k

May 3, 2015

A Race In memory of Kerry Trammell

DATE/TIME:

Sunday May 3, 8:00 am . (Eastern Time)

LOCATION:

5k course starts and ends on the Peninsula of the Oak Ridge Marina, 697 Melton Lake Dr. Oak Ridge, TN 37830

PROCEEDS:

Proceeds of the 2015 race will go to the AVEN CRANE CANCER FOUNDATION AND THE COLTON STOUT SCHOLORSHIP FOUNDATION.

REGISTER:

Pre-registration \$25.00 to 15 April 2015 \$30 after. Or register online at RUNSIGNUP.COM

AWARDS:

Overall awards, male & female, three deep. Masters (40+) male & female. Other awards three deep, male & female, in the following age divisions: Under 20, five year increments to 69, 70+.

CONTACT:

For more information contact: Frank Chmielewicz, at frankchmi@gmail.com or 865-804-7091

SUCK IT UP BUTTERCUP ENTRY FORM

Make check payable to **ROAD KILL TIMING**

Mail to: ROAD KILL TIMING, 615 DEL RIO ST. ORLANDO FL 32839

PLEASE PRINT

Name: Last _____ First _____ Sex: Male _____ Female _____

Age: (Race Day) _____ Shirt Size:(adult) S _____ M _____ L _____ XL _____

Address: _____ City _____ State _____ Zip _____

Email : _____

Emergency Contact: _____

****ATHLETE'S RELEASE****

****ALL PARTICIPANTS; READ, UNDERSTAND, SIGN AND DATE THIS FORM****

I know that running and/or volunteering to work in races are potentially hazardous activities. I should not enter and run in the Suck it up Buttercup 5k unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and/or volunteering to work in the aforementioned race, including but not limited to falling, contact with other participants, the effects of weather (including high heat or humidity, ice or snow), the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf waive and release The City of Oak Ridge, Road Kill Timing,, and all other sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in the aforementioned event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I attest and verify that I am physically fit and sufficiently trained to participate in this event. I also hereby grant permission to all the foregoing to use any photograph, motion pictures, recordings and any other record of this event for any legitimate purpose.

Athlete's Signature

Parent's Signature (if entrant is under 18 years old)

Date